

Personal/Group Training Guide
Week of 9/23/18

“Who Are You?”

- (1) The sermon addressed the question, “Who are you?” How would you describe yourself to someone else? List the features/characteristics that you would include in this description.
- (2) Read Genesis 1:26-27. What does it mean to you that you were created in the image of God? How does this affect your view of yourself? Does this reality in any way affect your view of others? How?
- (3) Read Ephesians 1:3-4. You are “chosen” by God in Christ. Discuss the meaning of this. Is this difficult to accept or even realize?
- (4) Robert Mulholland, Jr. in his book *The Deeper Journey* shares this quote – “The center of our identity is the heart of God’s love before the foundation of the world.” Write down, or discuss, what this means to you.
- (5) Read John 17:20-23. This is part of Jesus’ prayer for all future believers. Share your thoughts about this.
- (6) Jesus is praying that we will share in the union that he has with God the Father. What is the source of this union? (See Verse 23)
- (7) To be like Jesus is a matter of “being” and “doing.” It is being in a relationship of loving union with God that expresses itself in Christ-like living in the world. What does Christ-like living look like?
- (8) Read 2 Peter 1:3-4. What enables us to lead godly lives? What does it mean (or even look like) to participate in the divine nature?
- (9) What does it mean to be holy? Do you see yourself as being holy? Why or why not?
- (10) Now go back and read Ephesians 1:3-4 again, and then read Colossians 1:22-23. How is holiness made possible? Is being holy something that you can achieve through your own efforts? How does knowing that you can’t “get there” on your own affect how you see yourself?
- (11) After reading the passages in this study guide, how would you define who you really are – your true self?