

Personal/Group Training Guide
Week of 9/9/18

“Cruise Control”

- (1) The sermon addressed how we can get stuck in “cruise control” (in other words, just going through the motions) in our faith journey. What might this look like? Have you ever experienced this? How did you get “unstuck?”
- (2) Read Matthew 4:18-20 and Matthew 9:9 – two examples of men who immediately answered the call and followed. What does their response say to you in how we should respond? What obstacles have you experienced in trying to follow Christ?
- (3) Read Luke 9:18-24. What would your response be if someone asked you, “Who do you say Jesus is?”
- (4) Immediately after Peter claims that Jesus is the Messiah, Jesus states that He will be killed, but rise on the third day. How do you think the disciples felt when hearing this?
- (5) Jesus then goes on to say that whoever wants to be His disciple must take up their cross, follow, and deny self. What does Jesus mean by “deny self”? What does this look like in practice? What obstacles have you encountered in attempting to deny self?
- (6) What practices have you applied that have most significantly impacted you in your faith journey? (Bible study, Sunday School class, small group, prayer, etc.)
- (7) Read Ephesians 4:11-16. Discuss the concept of service. What is Paul emphasizing in these verses? What parallels do you see between these verses and Hebrews 10:24-25? What is our purpose as a body of believers (the church)?
- (8) Read Hebrews 13:20-21. We are equipped to do that which pleases God. How challenging is it to deny self and strive to do that which pleases Him versus ourselves?
- (9) A by-product of being a disciple is that we should make disciples (Matthew 28:19-20). Who has most influenced you in your walk with Christ? What are some practical ways that we can assist others in their faith journey?
- (10) September 16 is Back to Church Sunday. Who can the group pray for that you are going to invite?