

Personal/Group Training Guide
Week of 7/29/18

“Deborah – An Example to Follow”

Judges 4–5

- (1) This week’s sermon was titled “Deborah – An Example to Follow.” Share with the group someone in your life who has been an example that you followed. What was it about them that you aspired to emulate?
- (2) Read Judges 4 and list some qualities of Deborah that set a good example for others.
- (3) What is the role of a prophet? What was the function of a judge in that day and time?
- (4) Deborah, a woman in a male-oriented society, served as a prophetess and a judge. How does her being called to these roles point forward to the kingdom established by Jesus? Can you name some ladies of the New Testament who also set good examples to follow?
- (5) Read Judges 4:4-8. What is your initial reaction to Barak’s response in verse 8? Have you ever felt led by God to do something out of your comfort zone? How did you respond to it initially?
- (6) Read Deborah’s response to Barak in verse 9. Though she didn’t have to, Deborah was willing to come alongside Barak as he faced Sisera and his army. Why is it important to come alongside others when they are facing challenging circumstance?
- (7) Share an example of when someone was available to be present with you during a difficult time. How important was this for you? Describe the impact that this had on your confidence and mindset.
- (8) Read Philippians 2:1-7. What characteristics/attitudes should we possess as a result of our being united with Christ? In your own words, explain what it means that Jesus “made himself nothing?”
- (9) Read Numbers 5:1-3. What example is Deborah setting forth for us to follow? Why is it so important for us to praise God?
- (10) What do you personally find most significant from the story of Deborah? Why?